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Together we *learn, grow* and *dream*

Signs of chickenpox usually happen in the following order:

- Fever, feeling tired, headache.
- A stomach ache that lasts for one or two days.
- A skin rash that is very itchy and looks like many small blisters.
- Bumps filled with a liquid that looks like milky water.
- Scabs after the blisters break.
- Skin that looks blotchy.

Cases of chickenpox are generally infectious from 2 days before the rash appears to 5 days after the onset of rash.

Although the usual exclusion period is 5 days, all lesions should be crusted over before children return to nursery or school.

Your GP or pharmacist will be able to give more advice on treatment.

Kind regards

Mr M Boot
Head Teacher

